

Developmental Checklist (12-24 Months)

Gross Motor Milestones

- Walks alone (12-16 mos.)
- Pulls toys behind him while walking (13-16 mos.)
- Carries large toy or several toys while walking (12-15 mos.)
- Begins to run stiffly (16-18 mos.)
- Walks into ball (18-24 mos.)
- Climbs onto and down from furniture unsupported (16-24 mos.)
- Walks up and down stairs holding on to support (18-24 mos.)

Fine Motor Milestones

- Scribbles spontaneously (14-16 mos.)
- Turns over container to pour out contents (12-18 mos.)
- Builds tower of four blocks or more (20-24 mos.)
- Completes simple knobbed wooden puzzles of 3 to 4 pieces (21-24 mos.)

Language Milestones

- Says "no" with meaning (13-15 mos.)
- Follows simple, one-step instructions (14-18 mos.)
- Says several single words (15-18 mos.)
- Recognizes names of familiar people, objects, and body parts (18-24 mos.)
- Points to object or picture when it's named for them (18-24 mos.)
- Repeats words overheard in conversations (16-18 mos.)
- Uses two-word sentences (18-24 mos.)

Cognitive Milestones

- Finds objects even when hidden under 2 or 3 covers (13-15 mos.)
- Will listen to short story book with pictures (15-20 mos.)
- Identifies one body part (15-24 mos.)
- Begins to sort shapes and colors (20-24 mos.)
- Begins make-believe play (20-24 mos.)

Self-Help Milestones

- Starts to feed self with spoon, with some spilling (13-18 mos.)
- Likes to play with food when eating (18-24 mos.)
- Can put shoes on with help (20-24 mos.)
- Can open doors by turning knobs (18-24 mos.)
- Can drink from open cup, with some spilling (18-24 mos.)

Social-Emotional Milestones

- Imitates behavior of others, especially adults and older children (18-24 mos.)
- Increasingly enthusiastic about company or other children (20-24 mos.)
- Demonstrates increasing independence (18-24 mos.)
- Begins to show defiant behavior (18-24 mos.)
- Episodes of separation anxiety increase toward midyear, then fade